



Norfolk County Council



## Norfolk Arts Forum

A Voice for the Arts in Norfolk

### **Norfolk Creativity and Wellbeing Week 2023: 15 - 21 May**

This is a special edition of the Norfolk Arts Forum bulletin to promote participation in **Norfolk Creativity and Wellbeing Week 2023: 15 - 21 May**.

Below you will find information about the week and how you can take part.

If you need any further information or have any questions please contact [arts@norfolk.gov.uk](mailto:arts@norfolk.gov.uk) and we will get back to you as soon as possible.

### **How to Take Part**

[London Arts and Health](#) and the [Culture, Health & Wellbeing Alliance](#) are partnering for the fifth year running to host Creativity and Wellbeing Week from 15 - 21 May. The national festival organisers want to ensure that everyone can access a range of free or low-cost creative health activities.

As an open festival, anyone who wants to host an event focused on culture, arts and wellbeing is encouraged to contribute to the programme. We would like to warmly encourage individual artists and organisations across Norfolk to take part to make the Week a brilliant and memorable celebration of creativity and wellbeing across our county.

Unless you want to, it is not necessary to develop a specific creativity and wellbeing-focused event. You could simply promote relevant activity which you already have programmed during the week of the 15 - 21 May.

Our social media campaign will link to the [Norfolk Creativity and Wellbeing Week webpage](#) and signpost people to the listings on the national [Creativity and Wellbeing Week website](#).

Please add your events to the [national site](#) where you can also access [event organiser assets](#), including logos and social media resources.

If you would like us to add events to the Creativity and Wellbeing Week website on your behalf or to provide further details of your events for our social media campaign please complete this online form <https://forms.office.com/e/xhU2PiJvYp> and select the options that you would like support with.

You can submit your events at any time in the lead up to the 15 May, but if you do know your plans in advance, we would appreciate it if you could add them as soon as possible to help with our focused Norfolk County Council social media campaign. Please tag us [@CreativeNorfolk](#) and [@NorfolkCC](#) and hash tag #NCWW23 #CreativityandWellbeingWeek.

Thank you for taking part!

### **Opportunities for National Promotion**

The national organisers are keen to use the festival as a platform to shine a light on your practice, they would love to hear from organisers who could provide a short blog for their website, if you are interested email [info@lahf.org.uk](mailto:info@lahf.org.uk).

### **Not based in Norfolk? No problem you can still take part**

Creativity and Wellbeing Week is a national festival, anyone from across the UK can take part, just upload your events on the website here <https://creativityandwellbeing.org.uk/add-listing/>

If you are based in Suffolk our colleagues at Suffolk County Council are also promoting **Suffolk Creativity and Wellbeing Week** as part of the festival.

They will be promoting events across their social media channels and generally supporting the promotion of all the work that Suffolk based organisations and practitioners do in this area.

### **How to get involved in Suffolk Creativity and Wellbeing Week**

You can upload your events and activities to the Creativity & Wellbeing Week website yourself or send events to the arts mailbox [arts@suffolk.gov.uk](mailto:arts@suffolk.gov.uk) and they'll manually add them for you.

### **Other Creativity and Health News**

If you are interested in this area of work, you may wish to join the **Norfolk & Waveney Arts and Health Collaborative**.

[Norfolk & Waveney Arts and Health Collaborative](#), led by UEA and NUA, is a network of creative arts, culture and heritage organisations supporting health, care, and wellbeing. The project is creating a database of organisations (Universities, Arts Organisations, Charities, Businesses, Freelancers etc.), projects, activities and funding streams for creative arts and health in the Norfolk and Waveney area. [Click here to join the database](#).

### **Contact Norfolk Arts Forum**

Email: [arts@norfolk.gov.uk](mailto:arts@norfolk.gov.uk)

Website: <https://www.norfolk.gov.uk/arts>

Twitter: <https://twitter.com/NCCArtsService>

Facebook: <https://facebook.com/NCCArtsService>