Unity Center of Light Our Core Values:

Love: The pure essence of being that binds together the whole human family. Love is an inner quality that sees good everywhere, in everyone and everything. Divine love loves for the sake of loving, and is unconcerned with what or who, or with the return of love.

Wholeness: The perfect unification and expression of humankind as spirit, soul and body.

Spiritual Awakening: Becoming more conscious of the things of Spirit or God. The dawning or realization of Truth in consciousness.

Oneness: The One contains all and all exist in the One. There is no separation between us and God or between ourselves. We are interconnected and individualized expressions of the One.

Sacred Service: Is an opportunity to further develop our consciousness of love and oneness through working together for the common good.

The Five Unity Principles:

- 1. There is only one Presence and one Power active as the Universe and in my life, God the Good omnipotent.
- 2. We are spiritual beings, created in God's image. Therefore, the spirit of God lives within each person; making all people inherently good.
- 3. As co-creators with God, we create our reality through the thoughts we continuously hold in our mind.
- 4. Through prayer and meditation, we align our heart-mind with God. Denials and affirmations are the tools we use to maintain this alignment.
- 5. Knowledge of spiritual principles is not enough. We must live theTruth we claim to know.



Address: 2614 Kenhill Drive, Suite 109, Bowie MD 20715 301-464-5581 www.unitycenteroflight.org Rev. Milledge "Butch" Mosby, Minister Office Hours: Monday - Friday - 10:00 am to 4:00 pm Meditative Moments Sundays 9:15 am Sunday Service 10:30 am Youth Ministry during Sunday Service 10:30 am



Unity Center of Light

March 15, 2020

QUIET TIME: 10:10 to 10:25 am

MUSICAL PRELUDE - Dimitar Nikolov

WELCOME – Cindi Martin - Platform Assistant

UCL's MISSION STATEMENT - The *Mission of Unity Center of Light* is to empower individuals to express their indwelling Divine potential. We teach there is a power within each of us far greater than anything that exists outside of us.

UNITY'S FOUNDATION STATEMENT - There is only one Power and one Presence active in my life and affairs . . . God, the Good, Omnipotent.

* DAILY WORD READING - Diana Furey

INVOCATION – "The God Chant" – # 103 – Faye Hunt-Jones

CONGREGATIONAL SONG - " I'm Gonna Sing" - #326 -

INSPIRATIONAL MOMENT – Choir

NEWCOMER GREETING - Pamela and Milledge

SPECIAL GUEST FROM THE BOWIE FOOD PANTRY – Debbie Langdon

* THE LORD'S PRAYER

LESSON: "Spiritual Preparation for Easter: Part Two" – Reverend Milledge J. Mosby

FOR YOUR INFORMATION

- 1. When making donations to Unity Center of Light, please indicate if your offering is for your pledge, building fund or reserve fund. Checks that are not designated will be put in the general fund. If you are writing a check, it is not necessary to put it in an envelope. For your convenience, consider joining our E-Z donation program. Forms are available on the free literature table. You can also make donations on the website. We do thank you for your continuing generous support.
- 2. UCL sends out two important communications each week: the Weekly Service Commitments Sheet and the Weekly E-Newsletter. The purpose of the Weekly Service Commitments Sheet is to remind folks of service commitments and comes from peangel@msn.com. The Weekly E-Newsletter is to keep folks up to date on events, workshops, classes, etc. It also includes special features such as videos. The e-newsletter is sent from administrator@unitycenteroflight.org. Be sure to look for both of these communications to stay up to date on happenings in our community. If you don't receive them, you can go to our website at www.unitycenteroflight.org and sign up.
- 3. DID YOU KNOW: The City of Bowie is offering a Young Adult Employment Fair on March 21. There is a flyer on the Free Literature Table. There is also a support group for parents caring for children with special needs which meets on the 1st Thursday of each month at 6:30 pm. There is also a flyer for the support group on the Free Literature Table.
- Like and follow Unity Center of Light on social media: Facebook UCL Page: <u>https://www.facebook.com/unitycenteroflight/</u> Facebook Rev. Mosby's Public Figure Page: <u>https://www.facebook.com/RevMilledge/</u> Twitter UCL: <u>https://twitter.com/UCLBowie</u> YouTube: <u>https://www.youtube.com/channel/UCKZz4dUw2EBDQbCMZOBYSPQ</u>

Instagram UCL: Coming soon!!!

UPCOMING EVENTS

April 5Palm Sunday Palm WalkApril 12Easter Flower Service



We've been told that 20-20 vision is perfect, but for the year 2020, let's expand the definition. Perfect vision has nothing to do with how far our eyes can focus without assistance. It's all in how we see the world. People who wear rose-colored glasses see only the good in people and circumstances. Those with a gloomy outlook are focused on what might go wrong. We all see the world through a particular lens, and we can choose what it is. **The annual theme for Unity in 2020—"Perfect Vision: Seeing Through a Spiritual Lens"—** reminds us of those choices. Each monthly section is focused on a particular way of seeing the world or looking for specific qualities in events and people.

We continue this year to have a monthly focus such as "COMPASSION. Through Acts of Love I Live." which is the theme for March. Each month we honor a group of volunteers who step forward in Sacred Service. In recognition of Youth and Family Ministry Month for the month of March, we honor and appreciate our Youth Educators who provide a safe and growing place for our youth.

This week the adults with our youth include Nicole Cousin-Gossett, Bonnie Sermons and Don Anessi. Their focus will be the oneness with all life; our universe expresses God.

Board of Trustees

Willie Sutton, President Afi Harrington, Vice President Maxine Gill, Treasurer Faye Dixon, Trustee Alyson Hall, Trustee Joni Floyd, Secretary Pamela Paul, Trustee Kathleen Bailey, Trustee Milledge Mosby, Trustee Roderick Mitchell, Alternate

Staff

Milledge Mosby, Minister Pamela Mosby, Pastoral Asst. Patti Anessi, LUT, Administrator April May, LUT, Office Manager Dimitar Nikolov, Music Director Harolyn Boulware, Evening Steward Alfred Tyson, Maintenance DeVon Price, Maintenance Shannon Moore, Maintenance

MEDITATION - "Our Thoughts Are Prayers"

"Our thoughts are prayers and we are always praying Our thoughts are prayers, take charge of what you're saying Seek a higher consciousness, a state of peacefulness, And know that God is always there; and every thought becomes a prayer."

PROSPERITY PRAYER - Divine Love, through me, blesses and multiplies all that I am, all that I have, all that I give, and all that I receive. Thank you for all the blessings you provide for me and through me.

INSPIRATIONAL MOMENT - Pamela Mosby and UCL Choir

OFFERING BLESSING - We bless and give thanks for these tithes and offerings as they go forth to continue the healing, loving work being done through the Unity Center of Light.

LIGHT NOTES - Pamela and Milledge

WELCOME CHILDREN IN THE LIGHT- We Welcome Our Youth

AFFIRMATION FOR OUR RIGHT PHYSICAL HOME -

We are thankful for the guidance of Spirit that has led us to our right spiritual home. We are ready, open, receptive and committed to realizing and supporting a physical home that reflects our spiritual ideals.

BLESS THE PATH WE WALK THIS WEEK -

I go forward in the Spirit of the Lord, knowing my way is made easy, joyous, healthy and prosperous. And I am grateful!

LOVE SONG and PRAYER FOR PROTECTION

"Let there be love on earth and let it begin with me. Let there be love on earth, the love that was meant to be. With God as Creator, family are we. Let us walk with each other in perfect harmony. Let love begin with me; let this be the moment now. With every step I take let this be my joyous vow: To take each moment and live each moment in love eternally. Let there be love on earth and let it begin with me."

"The light of God surrounds us, the love of God enfolds us, the power of God protects us, the presence of God watches over us. Wherever we are, God is."

Please join us for fellowship immediately following the service. *Please note, no one will be seated during times marked by an asterisk(*).

Unity Center of Light Classes, Workshops & Activities

All are welcome to attend. Membership is not required.

A COURSE IN MIRACLES (ACIM)

Tuesdays ongoing, 7:00 to 8:30 pm

ACIM is a spiritual study which teaches the way to universal love and peace is by undoing guilt through forgiveness. This group is held in Suite 109.

UNITY PRAYER CHAPLAINS

Ongoing on Sundays, following Sunday Service

Unity Prayer Chaplains are here to hold sacred space, listen and pray affirmatively with you in times of challenge or celebration. Each Sunday, we have chaplains available to pray one-on-one with you at the front of the Sanctuary.

MEDITATIVE MOMENTS

Ongoing on Sundays, 9:15 am in the Prayer Room

Please join us for Meditative Moments, a contemplative experience of the Daily Word and more. Included is quiet time, an extended meditation and discussion. **Meditative Moments includes singing bowls on second Sundays with Debbie Niver, LUT.**

FASTING AND FEASTING CONFERENCE CALL CLASS

Wednesdays, through April 8, 7:00 – 8:00 pm Conference Calls

Using the "Fasting and Feasting 2020" Lent Booklet, we will meet via conference call each week during Lent to support one another during the spiritual preparation for Easter.

STOCK THE BOWIE FOOD PANTRY

Throughout the Month of March

After the holidays, food pantry donations typically decline. Each year UCL commits to give an extra support of non-perishable food items to help the Bowie Food Pantry during the lean months. You can also make a monetary donation if you wish.

PROSPERITY PLUS III

Sundays, see flyer for exact dates: You can still join the class this week Facilitated by Reverend Milledge Mosby

YOUTH AND FAMILY MINISTRY MONTH

Throughout the Month of March

During March our youth classes will be focusing on Lent (just like us adults!) Their curriculum is called "Easter Celebrates Life" and they will be sharing with us what they are learning. We want to share with you additional information on what our youth program offers, and our youth will be with us in service on the 5th Sunday.

SPECIAL GUEST SPEAKER CHERYL FARE, LUT NEXT Sunday, March 22, during our Sunday Service

Please welcome our guest Cheryl Fare as she shares with us "A Season for Healing." What better time than NOW to address healing? Cheryl will share her own powerful story of healing, while exploring the transformative process of acknowledgement, reframing and assertive affirmation that creates the groundwork for deep healing in our lives and in our world.

UNLEASH YOUR HEALING POTENTIAL

Facilitated by Cheryl Fare, LUT

NEXT Sunday, March 22, 12:00 to 1:30 pm; \$20 Suggested Love Offering

Unity Principles and spiritual practices offer profoundly powerful teachings around healing and wholeness. Cheryl Fare, Licensed Unity Teacher from Unity of Bon Air in Richmond VA will share practical tips to unleash this life-changing potential in your life. Cheryl has been practicing Unity healing techniques for over a decade, addressing chronic issues such as arthritis, heartburn and allergies, and even healing herself from extensive injuries following a traumatic car crash in 2015.

YOUTH SUNDAY

Sunday, March 29, during Sunday Service

Please join us on this fifth Sunday as our youth are with us as ushers, greeters, platform assistant, inspiration moment and more. We will also have a special guest with us on March 29 – the Eastern Region Youth Consultant, Janell Renshaw. She will be with us during Sunday Service and conduct a short information meeting following the Service.

SPECIAL MUSICAL GUEST SAHFFI

Sunday, March 29, during Sunday Service

ARENA STAGE OUTING: August Wilson's SEVEN GUITARS Saturday, April 25, Tickets \$75 ARE ON SALE NOW!

See flyer or Willie Sutton for more information.